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## **Directions**

From I-5 South, take **exit 300** for I-84 E/US - 30 E toward Portland Airport/The Dalles. Keep right and take the exit for **OMSI/Central Eastside Industrial District**, turning left at the stop sign onto SE Water Ave. Follow this around a bend to get onto SE Stark St. Go 11 blocks to SE 12<sup>th</sup> Ave. and turn left, then 5 blocks to E. Burnside St. where you turn right. Then go 2 blocks and turn right onto SE 14<sup>th</sup> Ave. My office is in the first block on the east side of the street. I have a waiting room inside room 104.

From I-5 North, Take exit **300 B** toward **US-26 E/OR-99E/OMSI/Oregon City**. Keep left at the fork, following signs to Oregon City. Take the first left onto SE Grand Ave., then about ½ mile to turn right onto E. Burnside. Stay on Burnside, not Sandy, and turn right onto SE 14<sup>th</sup> Ave. My office is on the east side of the street. I have a waiting room inside room 104.

From I-84 West, take **exit 1** toward **Lloyd Center**. Keep left at the fork, following signs to **Convention Center/Rose Quarter**, merging onto NE Lloyd Blvd. Turn left onto NE 12<sup>th</sup> Ave and go about ½ mile and turn right onto NE Couch St for 1 block, then left onto NE 11<sup>th</sup> Ave. for 2 blocks and right onto SE Ankeny St. Go to SE 14<sup>th</sup> and turn left - my office is on the east side of the street in that block. I have a waiting room inside room 104.